

KIT LIST FOR WATER ACTIVITIES



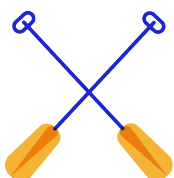
WHAT TO BRING

- A sun safe/sun smart long sleeved shirt or rash shirt
(top tip; wear this under your Guide shirt so you can get straight to activities!)
- Lunch and snacks
- Full change of clothes
(your top should be the Guide shirt worn on arrival)
- Spare enclosed shoes
- Sunscreen
- Spray jacket
- Warm long sleeved top
- Separate dry bag for wet gear
- Towel
- Water bottle
- Sunglasses/prescription glasses with strap
- Camp chair (optional)

WHAT TO WEAR

- Hat that won't blow off
- Enclosed shoes that can get wet
(such as an old pair of sneakers or water shoes)
- Swimmers
- Guide Shirt over your swimmers
- Shorts/Board Shorts – quick drying, no denims/jeans

All clothing to be clearly labelled with name



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